



Characteristics & outcomes for people with low back pain (LBP)

We examined information provided at referral & treatment end for over 13,000 patients with chronic pain; here's what we found...

1/3

reported **LBP** as their primary pain



At referral, people with Primary LBP:

At treatment end, people with Primary LBP:

were only in their late 40's
(ave age 48)

Despite greater clinical severity at referral...

were **more likely to have had pain >5 years** (31%) compared to those without LBP (19%)



had scores indicating greater severity for pain, mood and cognition compared to those without LBP

Almost **75%**

were more likely to be **using opioids** (54%) compared to those without LBP (40%)



reported **positive improvement** after treatment

