

offer?

discounts

Convenient location with offers and discounts to suit everyone including:

- ✓ Casual Sauna and Float sessions starting from just \$45
- ✓ Membership offers that include discounted additional sessions with savings of up to 39% off usual prices and free float offers.



Join today

It's easy as

- 1. Head to www.truenorthfloat.com.au book through the online portal or by calling them directly on 0426 451 083
- 2. Book a phone consultation & virtual / in person tour
- 3. Show your Merri identification card on arrival at your first session

See over the page for full details

Partnership benefits

TRUENORTH FLOAT and Merri Health Casual and Membership Offers:

Merri Casual Sessions – 19% off regular prices:

- 45 minute Casual Float \$55
- 60 minute Casual Float \$65
- 45 minute Casual Infrared Sauna \$45

Merri Membership Offers:

- Weekly Membership \$50 per week:
 - √ 4x 60 min Floats per month
 - ✓ 1x 45 minute Sauna per month
 - √ 39% off additional Floats
 - ✓ 22% off additional Sauna's
- Fortnightly Membership \$60 per fortnight:
 - ✓ 2x 60 min Floats per month
 - ✓ 1x 45 min Sauna per month
 - √ 31% off additional Floats
 - ✓ 20% off additional Sauna's
- Monthly Membership \$70 per month:
 - √ 1x 60 min Float per month
 - ✓ 1x 30 min Sauna per month
 - √ 25% off additional Floats
 - ✓ 15% off additional Sauna's

And receive a Free Float (\$80 value) for every new member you refer who signs up for one of the Merri Membership Offers!

Where is TRUENORTH Float?

TRUENORTH FLOAT is located at 14 Stockade Avenue Coburg, VIC 3058, just a short 3 minute walk from Merri Central and the new Pentridge Piazza and Shopping Centre including IGA and Palace Cinemas.

Open 6 days a week with times ranging from 7am through to 10pm, full details are available on their website.

For further information contact HR on: hr@merrihealth.org.au





WHY TRUENORTH FLOAT?

Our intention is to cultivate an experience each time you visit that leaves your whole being feeling clearer, more vibrant and free of stress and discomfort.

We have created an environment of complete serenity, a place our guests can leave their stressful lives at the door. From the moment you arrive, you will feel a sense of calm and amazing things will start to happen when removed from your stressful and over-stimulated world.

By inspiring optimal wellbeing TRUENORTH FLOAT believes everyone has the capacity to feel well and be aligned with the very best version of themselves.

The benefits of Flotation Therapy and Infrared Therapy include:

- Relieve symptoms of depression and anxiety
- ✓ Relieve stress
- ✓ Increase mental focus
- ✓ Boost Performance & productivity
- ✓ Improve sleep quality
- ✓ Relieve Chronic pain
- ✓ Strengthened immune health,
- ✓ Higher energy levels
- ✓ Eliminate toxins
- ✓ Overall wellbeing
- Other health and wellbeing programs and services from their external partners
- ✓ Guidance and advice on the benefits of building resilience, managing stress, preventing burnout and supporting you through your personal health and wellness journey