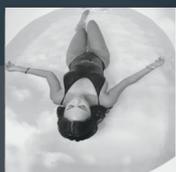


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Services



Float Therapy

The power of sensory deprivation and deep relaxation



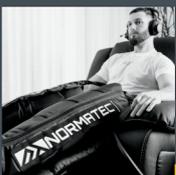
PEMF Therapy

The power of frequency to regenerate cells & tissue



IR Sauna

The power of heat & detoxification



NormaTec Massage

The power of circulation and targeted compression



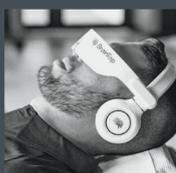
Dry Floatation

The power of zero gravity and guided meditation



IV Vitamin Infusions

The power of nutrient-rich Vitamin, Minerals & aminos



Brain Tap

The power to think better, sleep better, Perform Better



About

Recharge lab is your luxury escape, your haven, the only destination you need to Recharge your Physical, Mental & Spiritual wellbeing.

Our mission "Power Your Purpose & Power Your Passion" encapsulates our belief that true success comes from having the energy and vitality to not only play the game, but lead the game.

We understand life can be demanding, and self-care is essential. That's why we've created a sanctuary for you to recharge your Mind, Body & Energy in as little as 30 minutes.

Our Method

Our method is simple:
Relax | Recover | Recharge in as little as 30 minutes with the latest wellness & Recovery treatments grounded in modern science and ancient principles.

We make it effortless for you to Say Goodbye to Stress | Pain | Fatigue and Unlock Your Full Potential.

So, whether you're an athlete, entrepreneur, parent, change-maker, or simply an awesome human looking to enhance your well-being...

Get ready to play full out, after recharging your mind, body & energy at the Lab.

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\$10 credit



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