

More information

Our website has the latest information about our services, our events calendar and news. Visit **merrihealth.org.au**

Quick contacts

All services

1300 637 744 (MERRI H)

Carer Gateway 1800 422 737

Victims Assistance Program 1300 362 739

My Aged Care* 1800 200 422

Feedback 03 9389 2234 We have many sites across Victoria. Visit our website merrihealth.org.au for all site details and contact numbers.

*My Aged Care is the first point of contact for aged care services.

MerriHealth Disability Services



Contact

Merri Health

Registered Office:

Wurundjeri Woi Wurrung

11 Glenlyon Road Brunswick VIC 3056

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Giving opportunity to people with a disability to live life to the full, with flexible health services and greater choices.



Health services

Exercise physiology

This service supports older people and those with a disability to stay active. We can help with an exercise assessment and provide recommendations tailored for you, health education and disease management. We can also help you learn how to exercise safely in settings such as local leisure centres and gyms.

Physiotherapy

Physiotherapy can help with movement and getting around, injuries and/or pain conditions. A physiotherapist can provide home-based exercise programs or may recommend water exercises, gentle gym classes and chair-based classes.

Podiatry

Podiatrists can help prevent and treat foot, ankle and lower leg problems. They can provide information on how to avoid problems and advise on foot care and footwear.







Merri Health creates healthy, connected communities through local health services for people at every age and stage of life.

We know that at different times, your health needs change. That's why we support you throughout life, with services spanning from children's health to aged care.

Carer Gateway

Carer Gateway is an Australian Government initiative that delivers improved and expanded services to carers across Australia.

In Victoria, these services are provided by a group of seven health and social support providers, led by Merri Health.

All carers can access Carer Gateway services.

www.carergateway.gov.au

Healthcare that moves with you

Wellness at Home

Our Wellness at Home program helps frail older people and people with dementia, who have complex and/or changing needs and their carers. It supports you to live in your home and community for as long as possible.

Merri Mates

Merri Mates is a one-on-one social outreach program that matches volunteers with like-minded people with a disability based on mutual interest.

This program is for passionate volunteers who would like to assist someone with a disability to access the community, explore their interests and connect with likeminded people.

Costs

Our services are either free or require a small fee. To find out whether there is a fee for a service, visit our website www.merrihealth.org.au and search for 'fees' or call 1300 637 744.

Merri Health is an inclusive service provider. We are committed to providing safe and high quality services that respect the needs, wants and aspirations of all people.

