

# **Become a Consumer Representative**

# Nothing About Us, Without Us

At Merri Health we know that involving consumers in making decisions about their health improves health services and outcomes for the whole community.

We would like to invite you to join our Consumer Representative team.

### Who is a Consumer?

Consumers (or healthcare consumers) are people, who use any type of health services, including patients receiving medical care or treatment, and their family and carers. To be considered a Merri Health Consumer you or your family member will have used our health services/programs.

# Who is a Consumer Representative?

A Consumer Representative is a consumer, carer or family member who agrees to provide advice to improve health services at Merri Health and beyond. You may use your own experiences and views, and that of other consumers.

You have the opportunity to take part in decision-making, projects, events or committees. You can also lead a range of activities like designing, testing or reviewing handouts, policies, and even services.

Usually, this role is in a **volunteer** capacity. Sometimes you might be paid for outof-pocket costs as a result of being involved. We will talk about this with you.

# Why become a Consumer Representative?

Use your unique story to improve our health services and system, and help us to better understand the needs of consumers. We will support you with this.

Depending on your interest and availability, you can:

- Join our Pilot Consumer Advisory Committee (we recruit for this separately & there are limited spots)
- Take part in surveys, forums, focus group discussions and committees
- Help review written content, for example flyers, brochures or handouts
- Help review our sites and practices to make sure they're accessible and inclusive
- Help plan community forums on health and wellbeing
- Add value to planning, program development and other decisions
- Attend or present at conferences, workshops, events and trainings
- Share ideas about your initiative/ passion project our team may be able to support you with ideas on how to bring them to life



• Get to meet other consumer representatives (for example, at morning teas, etc.)

We want to involve you when we make decisions for our community.

# **Become a Consumer Representative**

# Expression of Interest Form

Please complete as much or as little information as you feel comfortable providing.

Your information will help Merri Health to place you on a project or activity that is most relevant to your experience, and that may be of interest to you. It will also guide us in how well we are doing in involving a wide range of consumers from the many communities we support.

Your information will be handled and maintained in line with the Merri Health Privacy and Consent Procedure and relevant privacy legislation.

Personal and	Contact Details			Date:
First Name:		Surname:		
Postal Address:				
Suburb:		Postcode:		
Phone (H):		Phone (W):		
Mobile:		Email:		
Interpreter required:	□ Yes □ No	Language/Au required:	uslan	
Do you need any other support (for example, information provided in audio format, translated material, or any other support you can think of)?				

### **Consumer involvement information**

Tell us about yourself, including your experience as a consumer, carer or community member?



#### Why are you interested in becoming a Consumer Representative with Merri Health?

Which services at Merri Health have you or your family used?

Do you have any areas/topics of interest where you would like to be involved or consulted?

Are you interested in:

□ Finding out more about our Consumer Advisory Committee?

 $\Box$  Joining the committee?



How would you li	ke us to cont	act you about opportu	nities?
Phone/Mobile	🗆 Email	🗆 Mail (postal)	

Demographic Information					
Date of Birth:					
Gender:	<ul> <li>Female</li> <li>Male</li> <li>Gender Diverse</li> <li>Prefer not to say</li> <li>Prefer to self-describe (specify):</li> </ul>				
Pronouns:	<ul> <li>She/her</li> <li>He/hin</li> <li>Prefer to self-descri</li> </ul>	be (specify):		not to say	
	y as being part of the LGBTQIA+ s?	□ Yes □ No If so, which community/ies		ch community/ies?	
Country of birth:		Cultural Backgro	und:		
	r family identify as al and/or Torres ?			<ul> <li>Yes, both</li> <li>Aboriginal and Torres</li> <li>Strait Islander</li> </ul>	
Religious Background:		Language(s) spoken:			
Are you a carer?	🗆 Yes 🗆 No	What extra needs does the person you care for have?	5		
Do you have a health condition?	🗆 Yes 🗆 No	Condition type(s)	):		
Do you have any dietary requirements (for catering purposes)? What is your preferred mode of transport? For example, your own car, public					



transport, etc.

# What days and times are you currently available\*? *Please tick & add any relevant information (e.g. after kids are in bed/after work)*

□ Mon	□ Tues	□ Wed	□ Thur	🗆 Fri	□ Sat	□ Sun
					(only for	(only for
					special	special
					events)	events)
Mornings	Mornings	Mornings	Mornings	Mornings	Mornings	Mornings
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
Evenings	Evenings	Evenings	Evenings	Evenings	Evenings	Evenings
*We know this can change for you over time						

<b>Emergency Contact Information</b> Who do we need to contact if something happens to you while you are at a Merri Health related event or meeting?					
First Name:		Surname:			
Relationship to					
you:					
Postal					
Address:					
Suburb:		Postcode:			



Phone (H):	$\sim$	Phone (W):	
Mobile:		Email:	

□ Please tick this box if you would not like to keep up to date with what's happening at Merri Health

Where did you hear about being a Merri Health Consumer Representative?	

### What happens next?

Please send this form to Engage via one of the following:

- Email to <a href="mailto:engage@merrihealth.org.au">engage@merrihealth.org.au</a>
- Post to Engage, Ground floor, Unit 4, 19 Pentridge Boulevard, Coburg 3058
- Hand it to a staff member (same address as above)

You will be contacted in the next 2 weeks to let you know that we got your application.

If you have any questions, please call 1300 637 744.

Ask to speak to Amina from Merri Central.

You can also email us at engage@merrihealth.org.au

To be completed by Merri Health Staff			
Date received:		CPR number:	
Staff Member name:			

Last document review: 04 Nov 2022